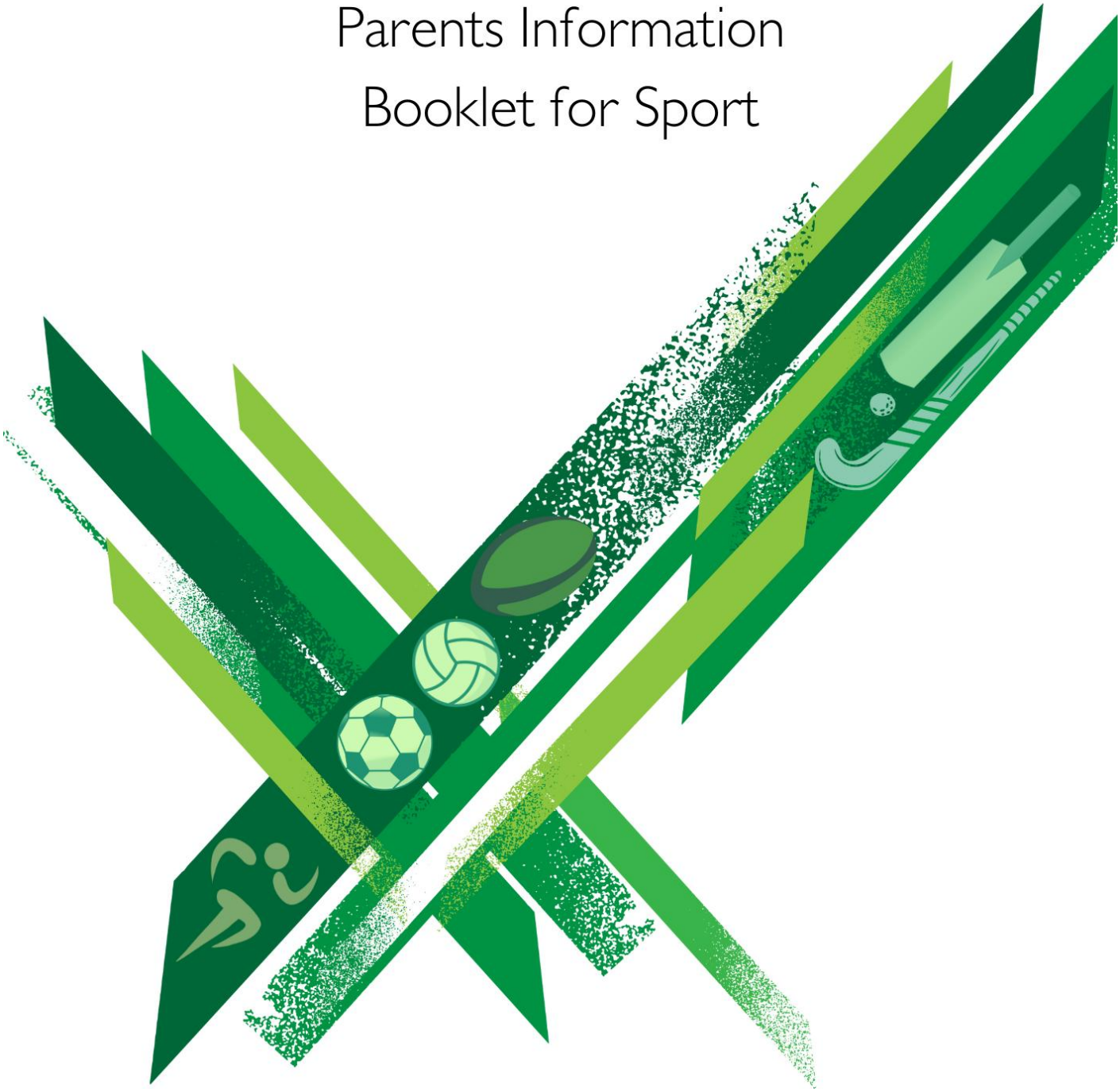
SPRATTON HALL

Parents Information Booklet for Sport



Introduction

We have a busy, exciting and competitive Sports Department at Spratton Hall, with a great deal going on for all of our pupils, no matter their ability. From day-to-day Games or PE lessons, to our clubs programme, fixtures against other schools, festivals, tournaments and tours for the seniors, there is sport for everyone. It is an opportunity for all and we encourage participation in the many sports clubs we offer.

With the opportunity and availability of so much sport, it is important to us that the pupils get involved and have a go at everything that is on offer.

We hope that parents and pupils find this booklet useful to understand all the elements of sport at Spratton.

Department Contacts

The four key sport contacts are:

- Gareth Barnard (Director of Sport) gdb@sprattonhall.com - contact for overall day-to-day running of the Sports Department (Emergency number for Saturday matches – 07887 625552)
- Oliver Woodhouse (Head of Boys' Games) ogw@sprattonhall.com - contact for the boys' games programme (Emergency number for Saturday matches – 07586 511976)
- Jess Clarke (Head of Girls' Games) jhc@sprattonhall.com - contact for the girls' games programme (Emergency number for Saturday matches – 07774 556349)
- James White – Head of PE and Athletics – jww@sprattonhall.com – Organisation of the PE programme

Regarding team selections for matches, you can also contact your child's team coach for enquiries and advice. Their email addresses can be found in the school calendar or on Socs.

Philosophy

We hope and aim to see that:

- all pupils reach their full potential
- sport is for all
- we build confidence and challenge pupils to do their best
- focus on character development
- strive for continuous improvement and adaptability
- an emphasis on teamwork, trust and effective communication
- if teams are well prepared and play with commitment, results will take care of themselves

Team Selection

- Teams will be selected on merit.
- There will be communication from staff to pupils about movement between teams. These are conversations we prefer to have with the pupils themselves. Parents can also contact their child's team coach if required.
- At least one practice a week will be squad practice.
- Children will have various teachers coaching them to give them the best opportunity.

- Team selections are never set in stone and changes are made week-by-week based on the development, confidence and performance of the pupils over time.

Fixtures

Sports fixtures at Spratton Hall are compulsory and are very much part of the fabric of the school. All pupils are expected to play in matches, whether midweek or weekend. Weekend matches are usually on a Saturday and one or two may be Sunday tournaments. If your child cannot play for an exceptional reason, please do seek permission for absence as early as possible (at least by the Monday of the preceding week), so we can arrange with staff taking teams which pupils are available. Permission requesting this one-off absence from a match should be sought from the Director of Sport and the Head Master.

We have two boards located on the school grounds which show where that day's fixtures are taking place. Parents can then park near their child's match location. A copy of the map is also at the back of this booklet.

Sport Clubs

In addition to all the timetabled PE and Sport at Spratton, there are numerous clubs that the pupils can join each term. The extra sports on offer are: Touch Rugby, Funinio Football Skills, Netball, Cricket, Gym, Dance, Cross-Country, Athletics, Hockey, Tennis, Table Tennis, Archery, Golf, SAQ and Fitness Club, Mountain Biking and Roller Skating.

Cross-Country is a club which is useful for individual fitness and being part of a strong team when representing the school at competitions. The school enters numerous competitions and events for Cross-Country and Athletics.

Games Programme

		LESSONS	**MATCHES**	**AUTUMN**	**SPRING**	**SUMMER**
Year 2	Girls Boys	Tuesday		Hockey Rugby	Netball Football	Cricket Cricket
Years 3&4	Girls Boys	Tuesday Thursday	Tuesday or Thursday	Hockey Rugby	Netball Football/Hockey	Cricket Cricket
Years 5&6	Girls Boys	Monday Wednesday Friday	Usually Wednesday or Saturday	Hockey Rugby	Netball/Football Football/Hockey	Cricket Cricket Tennis
Years 7&8	Girls Boys	Monday Wednesday Friday	Usually Wednesday or Saturday	Hockey Rugby	Netball Hockey	Cricket Cricket Tennis

PE Curriculum

	Year 3	Year 4	Year 5	Year 6	Year 7	Year 8
Autumn Spring on Rotation	Gym, Dance, Rollerball	Gym, Dance, Roller Ball	Gym, Dance, Handball	Gym, Outdoor Adventure Activity, Flag-Football	Sport Analysis, Basketball, Badminton	Sport Leadership, Badminton, Gaelic Football
Summer	Athletics Tennis	Athletics Tennis	Athletics Tennis	Athletics Tennis	Athletics Tennis	Athletics Tennis

Fixtures and 'SOCS'

Every pupil at Spratton Hall from Year 3 is selected to play in competitive fixtures against other schools on a regular basis. Fixtures are published in the school calendar booklet and these are kept updated on the school website, a link to which can be found in the weekly newsletter. Please check this on a weekly basis for any fixture additions, amendments and cancellations.

You can access SOCS through our own website – simply click on Prep/Sports/Current fixtures, teamsheets and results.

Alternatively, you can put the App version directly onto your phone/device, by typing in "sports.sprattonhall.com" then saving this to your home screen.

Once on the SOCS website, you can search by Sport, then by team, or by date. The little "person" icon next to a fixture will take you to the teamsheet.

To access the teamsheet, you will need the following password: **(parents – refer to email for password)**

This will be the password for all teams, but does afford a further layer of security in terms of available data.

We also publish one hard copy of the teamsheets on the board by the black gates.

Parents are expected to look on SOCS for teamsheet details, which should be published at least 24 hours in advance.

Parents not attending matches are able to view the SOCS teamsheet in order to see when their child may be available for collection. An email will be sent to all parents if pupils will be arriving back at an earlier time or if delayed by more than 15 minutes.

Spectators & Match Teas

Parents are very welcome to come and watch their children play in matches, both home and away. At Spratton Hall, match tea for parents is served in the main entrance, Drawing Room or the Hunter Hall Foyer and, in the Summer Term, under the white gazebo by the athletics track. There is also match tea served for players in the Dining Room. It is expected that all players attend the tea as an important part of the match experience. We politely ask that pupils are not given parent match teas.

Parents attending matches and wishing to take their child home directly from the match **MUST SIGN THEM OUT WITH THE MEMBER OF STAFF IN CHARGE OF THE TEAM.** Parents should only transport their own children from matches but, if a pupil is travelling home with another parent, written permission (email will suffice) is needed by the child's parents or, alternatively, the parents can show the teacher in charge a text message from the other parent confirming the arrangements.

Kit Requirement for travelling to and from matches

Autumn - With regard to clothing, boys this term will travel to matches in their kit and tracksuits, but sometimes will need their full school uniform to change into afterwards. The girls, however, can wear their kit and tracksuits to and from a fixture as they often have varying start times and play on Astro.

Spring – Both boys and girls will travel to and from matches in their full tracksuit and match kit, unless told otherwise.

Summer – Pupils in Years 5-8 will travel to cricket matches in their whites and blazer. In Years 3&4 they will travel in their PE kit and tracksuit. For athletic competitions, all pupils will travel in kit and full tracksuit.

Pupils must be in full school tracksuit and games kit when arriving for Saturday matches, tournaments and tours.

When arriving back at Spratton from away matches, children do not get changed into school uniform to go home, unless advised.

Underwood Changing Rooms, Kit and Equipment

In the changing rooms (known as the 'Underwood') we expect pupils to keep their kit neatly in their kit bags and in their own lockers. Each year group has an allocated area with their locker clearly named. All items of kit need to be clearly named. There is a lost property section that pupils must check if they are missing anything. We encourage pupils to take responsibility for looking after their belongings and develop independence in organising themselves on a day-to-day basis, and this process starts when they enter the Prep School in Year 3. Games/PE staff are always on hand to help pupils if needed. The kit from the changing rooms should also be taken home every Friday evening for washing and checking.

- All children should have clean astro footwear, specifically for use only on the astro.
- All pupils will be expected to bring their own named water bottle to their PE/Games lesson or match - we will not be providing team sets of water bottles.
- For rugby the pupils will require Games kit, tracksuit, boots, trainers, gum shield.
- For football sessions the children require Games kit (including long football socks), football boots and shin pads.
- For hockey sessions the children require Games kit, tracksuit, astro shoes, mouthguards, shin pads and their own hockey stick (school can provide sticks too).
- For netball sessions the children require Games kit, tracksuit and outdoor trainers.
- For cricket sessions the children require PE kit, outdoor trainers, white socks, green cap or hat (cricket bat, helmet & pads are optional).

BOYS' GAMES	**GIRLS' GAMES**
Games Kit ➢ Yellow Jersey & Green Jersey ➢ Full tracksuit ➢ Black shorts ➢ Black socks ➢ Black skins (top & bottoms)	**Games Kit** ➢ Full tracksuit ➢ White skins (top) Black skins (bottoms) ➢ Black socks ➢ PE shorts & Skort ➢ Green/White Games top
PE Kit ➢ White PE top ➢ PE shorts ➢ White socks ➢ Black jumper ➢ Tracksuit	**PE Kit** ➢ White PE top ➢ PE shorts ➢ White socks ➢ Skort ➢ Black jumper ➢ Tracksuit
Trainers Rugby / Football Boots Astro Shoes - optional House Shirt Base Layer Hockey Stick Water Bottle Cricket Equipment Shin Pads	Trainers Astro Shoes - optional House Shirt Base Layer Hockey Stick Water Bottle Cricket Equipment Shin Pads Gum Shield

Gum Shield	

Gaps

Our Gap student teachers are an important part of our Games coaching team. They assist the members of staff with the coaching in practice and often take teams to allow for more match opportunity. They have often played a good level of sport themselves at our senior feeder schools. This is a great opportunity for our pupils to learn from their experience. They are led by the teacher in charge of the year group.

Tours

Each year there is sports tour for the seniors to Yorkshire in the autumn and a multi-sports (cricket, Hockey and netball) tour to Norfolk in the summer. This allows us to play sport against schools we do not normally play. It also gives the children the opportunity to enjoy the full tour experience, as well as giving them the opportunity to stay away from home for a night or two.

Medical information

Mouth Guards: While pupils are waiting for their Titan mouth guard fittings, please could they have a spare for practices and matches at the beginning of the term. It is always good to have a spare.

All pupils and staff will be explained the up-to-date Head Case Awareness policy.

Download UK Concussion Guidelines for Grassroots Sport

Spratton Hall Care Plan for Return to Play after Concussion

First Aid Cover

Here at Spratton we have two Matrons, one of whom is on site at all times. We do, therefore, have full medical cover during all PE and Games sessions. Additionally, one of the Matrons always attends Home fixtures at the weekend.

Furthermore, all team coaches have a first aid kit with them for Games sessions, Home matches and Away fixtures.

Dining Room—Match Tea for Pupils
Drawing Room—Match Tea for Parents
Dome
5 Acres
Underwood
Arthur's Square
Laurels
Top Field
Oaks
Summer Match Teas
Top Terrace
Astro
Middle Terrace
Bottom Terrace
(Athletics)